



# Preserving the authentic taste of the sea

El Capricho is a family business located in Santoña, small traditional fishing village with a rich history, known as the birthplace of canned anchovy. After a quarter of a century, we are committed to providing a healthy and nutritious product, and guarantee quality and excellence.

We exclusively produce a high-level canned anchovy and white tuna, fished directly from the Cantabrian sea (Bay of Biscay, FAO27). Both our anchovies, caught during the spring fishing season, and our white tuna, caught in summer season, are highly appreciated.

El Capricho products are part of the Mediterranean diet. They are heart-healthy due to their omega-3 fatty acids and also contain other essential nutrients, as proteins, vitamins and minerals.

The production process is essentially traditional, and rely on the hand-crafted experience of skilled workers. This results on an outstanding product: anchovies with characteristic flavour, reddish colour and meaty texture, and white tuna with tender meat and mild flavour.

They are ideal for both individual taste or for using on toasts and salads.







## Why are so exclusive the anchovies of Conservas El Capricho?

- El Capricho anchovies (Engraulis Encrasicolus) are exclusively fished in the Cantabrian Sea (Bay of Biscay, FAO 27)
- 2. The complete elaboration process (including evisceration, maturing, filleting and canning in oil is carried out in Santoña (Cantabria).
- 3. Its process of maturing is long and slow, lasting 12-18 months minimum. After curing, anchovies have eliminated all grease and obtained its intense aroma, uniform reddish colour, meaty texture and exceptional taste.
- 4. The anchovies are wringed out before hand-filleting, which produce a low-salt fillet (7.3 grams of salt per 100 grams of anchovy). This process also extends its lifetime, getting a 12 months' expiry date.
- 5. In an age-old process, the filleting is carried out by quick-fingered women that manually deboned the fish and canned them.
- 6.
  All our products are certified by the Quality Cantabria and the Cantabrian Anchovy seal, that goes and step further and focuses on the origin, the fishing season, and the production process of the anchovy, three key aspects in high quality canned anchovy.

#### **Anchovies**

Transport: chilled - Shelf life: 1 year

Reference	RR50
Net weight	50 g.
<b>Drained</b> weight	29 g.
Units/Box	24/50
N° Fillets	+/- 10
Fillets size	М
Oil type	Sunflower/Olive





Transport: chilled - Shelf life: 1 year

Reference	Dingley "s"	Dingley	
Net weight	95 g.	95 g.	
<b>Drained weight</b>	50 g.	50 g.	
Units/Box	16/30	16/30	
N° Fillets	+/- 24	+/- 18	
Fillets size	S	L	
Oil type	Sunflower/Extra Virgin Olive Oil		





Transport: chilled - Shelf life: 1 year

Reference	Hansa 20	Hansa 14-16	Hansa 10-12
Net weight	115 g.	115 g	115 g
<b>Drained</b> weight	58 g.	58 g.	58 g.
Units/Box	10/36	10	10
N° Fillets	+/- 20 14-16		10-12
Fillets size	L	XL	XXL
Oil type	Sunflower/Extra Virgin Olive Oil		





## Catering Anchovies (printed tin without carton)

Transport: chilled - Shelf life: 1 year

Reference	Dingley H	Hansa H
Net weight	95 g.	115 g.
Drained weight	31 g.	36 g.
Units/Box	20	12
N° Fillets	10	10
Fillets size	L+	XL+
Oil type	Sunflower/Extra	Virgin Olive Oil





## And the white tuna?

- 1. We only use fresh "Thunnus alalunga", caught in the summer season. Unlike ordinary tuna, white tuna contains more omega 3 fatty acids. This makes it a healthy food choice.
- 2. White Tuna El Capricho is prepared only from fresh fish, captured by small ships through sustainable fishing, minimising environmental impact.
- 3. No additives. Our canned white tuna only contains fish, salt, and oil or water.
- 4. The entire process is carried out by skilled hand-craft workers in our facilities in Santoña (Cantabria).

### White tuna and Yellowfin Tuna

Room temperature - Shelf life: 5 years

	Reference	Net weight	Drained weight	Oil type	Units/Box
1	White tuna belly-Dingley	110 g.	80 g.	High oleic sunflower oil	12
2	White tuna slices - Dingley	110 g.	80 g.	High oleic sunflower oil	12
3	White tuna fillets - Hansa	210 g.	155 g.	Extra Virgin Olive Oil	8
4	White tuna chunks - Tin and paperboard	210 g.	140 g.	High oleic sunflower oil	12
5	White tuna loin - Jar	360 g.	260 g.	Extra Virgin Olive Oil/ Water	9
6	Yellowfin Tuna Belly - Hansa	115 g.	75 g.	Extra Virgin Olive Oil	10
7	Yellowfin Tuna Belly - Hansa H (without paperboard	d) 115 g	75 g	Extra Virgin Olive Oil	14















## Three oils

Our aim is to offer the best taste experience. To achieve it, we offer different types of oils.

For those with a refined palate we have the high oleic sunflower oil, with a neutral flavour and smell. It has a higher amount of fatty acids (Omega 3) than the standard sunflower oil and is appreciated in highend catering because of the fact that it liquefies quickly to its original consistency after being in storage.

Alternatively, refined olive oil is an option to those who desire a soft smell and flavour, with low levels of acidity.

Finally, a selected Extra Virgin Olive Oil, 100% arbequina, with a well-harmonised, soft taste. We pack all our products into cans, protecting them against external agents as light or odours.

#### What is Salmuria?

During the maturing process, heavy weights keep the fish compressed in the brine and then it soon leaches liquid from the anchovies. We have called it "Salmŭria" or liquid umami.

It enhances food with its natural salty flavour and amber colour.

It is very appreciated by chefs because of its qualities in high-end cuisine for enhancing flavour, curing, tenderize and modify food structure. And last but no least, the Salmŭria makes our dishes even more juicy than salt.

#### Salmŭria

Transport: Room temperature - Shelf life: 2 years

Reference	Net weight	Units/Box
Anchovy extract 100ml	100ml	8
Anchovy extract Spray	100ml	6
Anchovy extract 2L	2L	-







# Sturgeon Alma in Extra Virgin Olive Oil

Sturgeon *Alma*, canned with Extra Virgin Olive Oil, without any type of preservative or additive. Elaborated in a totally handmade way, with the maximum care and respect to the raw material.

Acipenser Baerii sturgeon loins, from young specimens, just over a year old, bred entirely in Spain, with the highest quality standards and under the premise of sustainability. More tender and tasty than the one usually used for consumption, of white and consistent meat, ready to incorporate to other dishes, or to consume directly.

Its flesh has a unique texture, soft and fine, exquisite and surprising flavor, with a low energy contribution. Extraordinarily honeyed and smooth, with a deep flavor.

It is an excellent source of protein, phosphorus and Omega 3 fatty acids. Appreciated in haute cuisine for its versatility, its meat finely veined with fat is juicy and has heart-healthy properties.

# Sturgeon Alma

**Transport: Room temperature - Shelf life: 5 years** 

Reference	Net weight	Units/Box
Sturgeon in Extra Virgin Olive Oil- Dingley	110 g.	12







## Bluefin tuna in extra virgin olive oil

Our new bluefin tuna (thunnus thynnus) in extra virgin olive oil is a real treat for the palate.

There are few species as coveted as bluefin tuna. This tuna is native to both shores of the Atlantic, but also from the Mediterranean Sea. Capable of exceeding 300 kg in weight and reaching up to more than 600 kg.

Fishing for this species is controlled by a control system regulated by ICCAT (International Commission for the Conservation of Atlantic Tuna).

Bluefin tuna contains high amounts of omega 3 and vitamins.

An exclusive product with tasty and compact meat that will delight any lover of canned fish of the highest quality.

# Bluefin tuna in extra virgin olive oil - Dingley

**Transport: Room temperature - Shelf life: 5 years** 

Reference	Net weight	Units/Box
Bluefin tuna in extra virgin olive oil	110 g.	12



# New "60 miles" range: White tuna rillettes Why 60 miles?

Because the most sustainable and best quality raw material is the one caught with inshore fishing gear. The product is fresher and the environment is respected.

These inshore fishing boats are licensed to fish within 60 miles of the coast.

#### White tuna rillettes

Transport: Room temperature - Shelf life: 5 years

Reference	Net weight	Units/Box
White tuna all'Arrabbiata rillettes	170 g.	18
White tuna and blue DO Picón cheese rillettes	170 g.	18
White tuna and black truffle rillettes	170 g.	18





## **Gift box**

We have two types of gift boxes that you can complete with the items from our assortment you want.

# **Small gift box**



# Deluxe gift box



## **INTERNATIONAL AWARDS**

SIAL Innovation Award 2018 (Fish Products) - Sturgeon Alma

World's 101 Best Canned Products From The Sea (2024) www.worldbestfish.com

