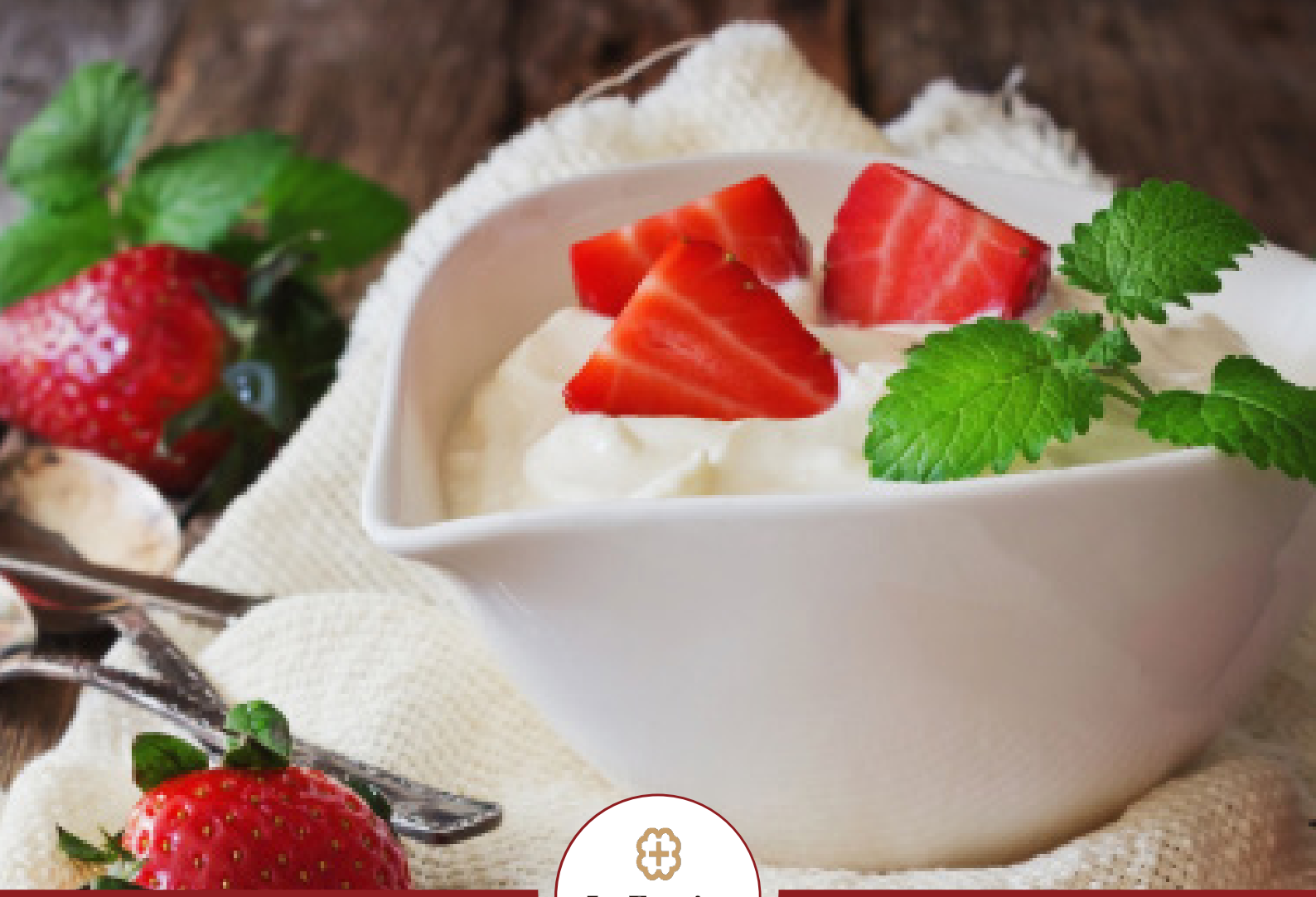

La Ermita
CANTABRIA

Delicatessen La Ermita

Tradition made taste

DELICATESSEN LA ERMITA is located in Casar de Periedo, Cantabria. We are a family business with a tradition in gastronomy dating from the 1960's when our parents began an establishment that become renowned for fine foods.

We use no artificial additives or preservatives. Our products are all-natural made from the finest ingredients with painstaking attention to the production process. Anything that can be done by hand is done by hand.

Our extensive catalogue of products is the result of a continuous process of innovation, through the constant search and development of flavours and new products.

Our fine foods are made by cooks using traditional cooking methods and may be on the menu of any fine restaurant.

Our healthy and delicious foods make eating one of the great pleasures of life.

www.santanderfinefood.com

Yogurts

Transport: Chilled – Shelf life: 35 days

PRODUCT	FORMAT/ UNIT (g)	UNIT/ BOX
Natural yogurt	185 g.	12
Sweetened natural creamy yogurt	185 g.	12
0% natural yogurt	185 g.	12
Natural yogurt	1 kg.	9
Sweetened natural creamy yogurt	1 kg.	9
0% natural yogurt	1 kg.	9
Natural bifidus	185 g.	6
Natural bifidus	1 kg.	9
• Sweetened natural creamy yogurt with. Mf	200 g.	6

- Flavors: blueberries, strawberry, green plum, peach, carrot and apple.

Texture and flavour are concentrated in Natural Yogurt, while creaminess and sweetness are the distinguishing characteristics of Creamy Natural Yogurt. Next to them, the 0% Yogurt, with all the nutritional properties of yogurt but with a low fat content that reduces the caloric intake of the product making it ideal for diets, people with cardiovascular problems or diabetes.

The simplicity of preparation and control of raw materials (only milk and milk ferments) are the hallmarks of our yogurts. No additives or preservatives and suitable for celiac. Along with them, you can enjoy the blend of Creamy Natural Yogurt with the various varieties of MermeFruit: blueberries, strawberry, green plum, carrot, peach and apple.

Bifidus is a fermented milk with a firm texture and characteristic taste, thanks in part to the milk of the best quality. Its bacterium probiotic bifidobacterium contributes to the improvement of the intestinal flora in those

Lactose free yogurt - *New Product*

Transport: Chilled – Shelf life: 35 days

PRODUCT	FORMAT/ UNIT (g)	UNIT/ BOX
Lactose free yogurt	185 g.	12
Lactose free yogurt	1 kg.	9

So that an intolerance does not prevent you from enjoying the best yogurt with an incomparable texture and flavor. Healthy and delicious.

Natural kefir - *New Product*

Transport: Chilled – Shelf life: 35 days

PRODUCT	FORMAT/ UNIT (g)	UNIT/ BOX
Natural kefir	185 g.	12
Natural kefir	1 kg.	9

Our new product is of the firm dairy type (fermented in its own container) and it is a probiotic food that contains many bioactive compounds, including up to 30 strains of good bacteria, which we can relate to improvements in the digestive and immune systems, among others.

Kefir benefits:

-It has high detoxifying power, purifies the body.
-This probiotic drink helps balance and partially regenerate the intestinal flora.
-Of great help in slow digestions and the correct absorption of nutrients.
-It acts as a regulator of constipation.
-Eliminate toxins from our body, it can be very useful in cases of dermatological problems.
-Great antioxidant power.
-Diuretic, digestive and purifying at the intestinal level.
-The acids in its composition help balance the blood sugar level.

Dairy desserts

Transport: Chilled – Shelf life: 90 days

PRODUCT	FORMAT/ UNIT (g)	UNIT/ BOX
Cheese flan	110 g.	12
Coffe flan	110 g.	12
Chocolate flan	110 g.	12
White chocolate flan	110 g.	12
Delicatessen delimon	110 g.	12

Delicatessen La Ermita Flans are tasty dairy desserts derived from the traditional egg Flan, to which we add a touch of cream of cheese. We have them in four varieties: Cheese Flan, Coffee Flan, Chocolate Flan and White Chocolate Flan.

Delicatessen Delimon is a type of refreshing and original mousse. It is made with natural yogurt, cream of cheese and lemon juice.

In its preparation we do not add additives or preservatives. In addition, they are gluten-free products, suitable for celiac.

Rice pudding and Custard

Transport: Chilled – Shelf life: 75 days

PRODUCT	FORMAT/ UNIT (g)	UNIT/ BOX
Rice pudding	550 g.	6
Rice pudding	270 g.	6
Rice pudding	145 g.	12
0% fat free rice pudding	145 g.	12
0% fat free rice pudding	270 g.	6
0% fat free rice pudding	550 g.	6
Goat rice pudding	270 g.	6
Custard	145 g.	12
White chocolate custard	145 g.	12

The patience and the dedication in the elaboration of the rice pudding make that the simplicity acquires character of exquisiteness. Flavored milk with lemon rind and cinnamon on branch, rice and sugar. Along with it, we have also created the rice pudding with skimmed milk 0% fatty matter, with almost half of calories that the traditional rice pudding, when making it with skimmed milk reduces the contribution of fats, maintaining nevertheless the identity of the traditional dessert due to we are known.

In addition we have the rice pudding with goat's milk, for those lovers of the intense flavors. Selected as a new product at SIAL INNOVATION, Paris 2016.

The custards are another delicacy, made with milk, egg yolk and sugar, offering a fine and light texture. White Chocolate Custard adds to the tradition a new flavor for the sweet tooth. And like all our products, none of those mentioned have additives or preservatives. They are also gluten-free foods, suitable for celiacs.

Mermefrutas

Transport: Chilled – Shelf life: 9 months

PRODUCT	FORMAT/ UNIT (g)	UNIT/ BOX
75% Blueberry MermeFruta	275 g.	6
75% Apple MermeFruta	275 g.	6
65% Carrot MermeFruta	275g.	6
75% Green plum MermeFruta	275 g.	6
70% Peach MermeFruta	275 g.	6
80% Strawberry MermeFruta	275 g.	6

Our fruit to spread. More fruit and less sugar than a conventional jam. Ideal to accompany breakfasts, meals or snacks with bread, cheese, yogurt or meats and foie. With variety of flavors like: blueberries, strawberry, green plum, peach, carrot and apple.

Fish Pâtés - *New Product*

Transport: Chilled – Shelf life: 6 months

PRODUCT	FORMAT UNIT (g)	UNIT/ BOX
White Tuna Pâté	110 g.	12
Hake Pâté	110 g.	12

100 % natural fish pâtés with a unique flavor and texture. Source of OMEGA 3 fatty acids, ideal for its inclusion in a healthy and balanced diet. Surprise your relatives with the authentic taste of the sea.

Typical ready meals from the North of Spain

Transport: room temperature – Shelf life: 2 years

PRODUCT	FORMAT/ UNIT (g)	UNIT/ BOX
Cocido montañes light & low in salt *(cantabrian bean stew)*	360 g.	9
Cocido montañes *(cantabrian bean stew)*	550 g.	6
Cocido montañes *(cantabrian bean stew)*	960 g.	6
Cocido montañes *(cantabrian bean stew)*	1850 g.	6
Chickpeas with spinach and cod	550 g.	6
Olla ferroviaria *(red beans – railwayman's casserole)*	550 g.	6
Fabes con chorizo *(bean stew with sausage)*	950 g.	6
Fabada asturiana *(asturian vean stew)*	550 g.	6

The ready meals of Delicatessen La Ermita bring to the table hearty foods with which you can enjoy the flavours of a lifetime. Like Cocido Montañés, traditional Cantabrian dish, made with beans, cabbages, and selected products of the slaughter. Even Cocido Montañés Light, with smaller portions, less fat and low in salt, the consumer being able to regulate the amount of salt to their liking.

The Olla Ferroviaria, with red beans and meat of slaughter; The Fabes with Chorizo, made of a type of beans called fabes and chorizo; Chickpeas with spinach and cod; The Fabada Asturiana, with fabes of high quality and a smoked companion that gives that flavour so characteristic.

All without additives or preservatives. Suitable for celiacs (Gluten Free).

Frozen Croquettes

Transport: ≤ -18°C – Shelf life: 2 years

PRODUCT	FORMAT/ UNIT (g)	UNIT/ BOX
Frozen Croquettes	270 g.	36
Frozen Croquettes	530 g.	24
Frozen Croquettes	2 kg.	3

Flavours: Cod, meat, sausage,blood sausage, iberian ham, tuna, cecina de León (Cured beef from Leon, PGI), D.O Picón Bejes-Tresviso blue cheese.

Frozen Croquettes of Delicatessen La Ermita are tasty homemade snacks made with bechamel (with milk from local farms), to which are added different ingredients of the best quality and flavour.